

# ST. JOSEPH CHURCH

St. Joseph School  
(808) 935-4936

Website  
www.sjshilo.com

Interim Principal



July 18, 2021

Served by the Blessed Sacrament Congregation

Church Dedicated in 1919

**Pastor:**

Rev. Apolinario Ty, SSS  
808-430-0481

**Parochial Vicar**

Rev. Joselito Hitosis, SSS  
808-785-5761

**Deacons:**

Dcn. David Watson

43 Kapiolani Street

Hilo, HI 96720

(808) 935-1465

www.stjoehilo.com

Visit our **FACEBOOK** Page  
@JosephHilo1465

*Adoration of the Blessed  
Sacrament begins*

*Weekdays & Sundays at 4:00 p*

*Saturdays at 3:00 p*



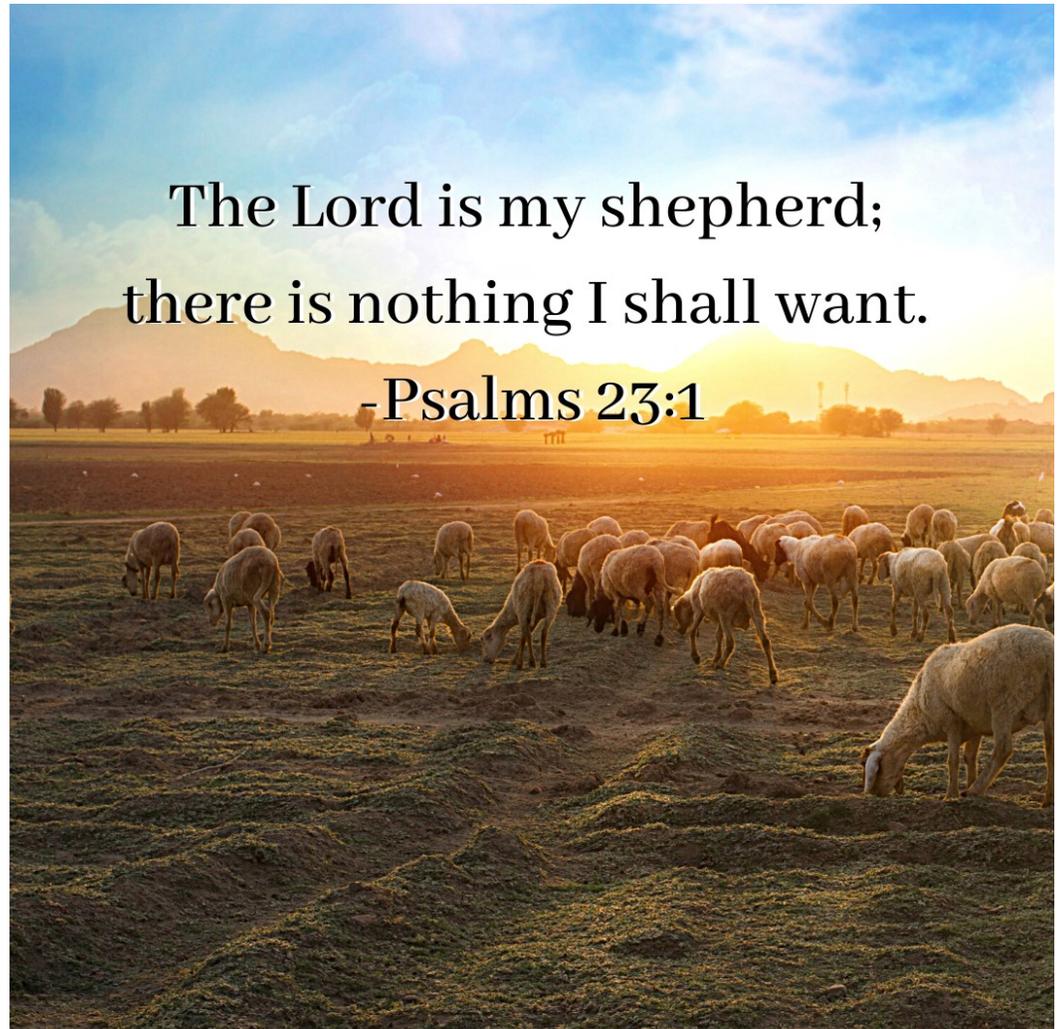
**Weekend  
Masses  
will be  
streamed,  
LIVE on:**



Subscribe to  
our channel  
@St. Joseph  
Church Hilo

July 17 5 pm

July 25 6 pm



The Lord is my shepherd;  
there is nothing I shall want.

-Psalms 23:1

Please continue to  
pray & show  
support for  
St. Joseph School



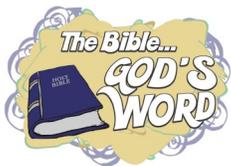
ST. JOSEPH  
PRAY FOR US!

*Come pray the Liturgy of the Hours*  
Join us daily in the morning immediately  
following the Morning Mass and in the evenings:  
*Weekdays & Sundays at 4:00 p*  
*Saturdays at 3:00 p*

Humanity has a great hunger for the truth hardwired into our souls. God made our hearts for eternity, and the whole of salvation history is directed to that end. From revealing himself and making covenants, to sending Jesus and establishing the Church in the present day, God never ceases to give himself to his people. He never ceases to provide for, care for, and lead his people. The Lord is indeed our shepherd, and there is nothing we shall want. The Lord *is* a good shepherd.

In today's readings, we have insight into how the Lord helps us carry out our responsibilities. The Apostles in the Gospel reading are so overwhelmed by the crowd's longing for Jesus that they did not have time to eat. Human strength is not enough! All ministry needs grace. We have a duty to the truth, but may face confrontation and conflict as a result. So Jesus steps in and calls for some refreshment: come away by yourselves to a deserted place and rest a while. Saint Paul points us to the peace of Christ. It is *through him we both have access in one Spirit to the Father*.

The Lord is our shepherd and we find refreshment in the communion of the Holy Trinity. The love of the Father, the reconciling peace of the Son, and the igniting fire of the Holy Spirit should be the strength of us all. Those rooted in the Holy Trinity truly are shepherds after the heart of the Lord.



**Friday, Jul 23**

Ex 20:1-17  
Ps 198:8-11  
Mt 13:18-23

**Sunday, Jul 18**

Jer 23:1-6  
Ps 23:1-6  
Eph 2:13-18  
Mk 6:30-34

**Saturday, Jul 24**

Ex 24:3-8  
Ps 50:1b-2, 5-6, 14-15  
Mt 13:24-30

**Monday, Jul 19**

Ex 14:5-18  
Ps(Ex) 15:1b-6  
Mt 12:38-42

**Sunday, Jul 25**

2 Kgs 4:42-44  
Ps 145:10-11, 15-18  
Eph 4:1-6  
Jn 6:1-15

**Tuesday, Jul 20**

Ex 16:1-5, 9-15  
Ps 78:18-19, 23-28  
Mt 13:1-9

**Wednesday, Jul 21**

Ex 3:1-6, 9-12  
Ps 103:1b-4, 6-7  
Mt 11:25-27

**Thursday, Jul 22**

Sg 3:1-4a  
Ps 63:2-6, 8-9  
Jn 20:1-2, 11-18



**Knights of  
Columbus®**

The Knights of Columbus is the world's largest lay organization of Catholic men. St. Joseph parish, together with Malia Puka O Kalani, is fortunate to have a Council to help support Fr. Poli and participate in programs that, together with other Councils, help to change and save lives around the world. Our Council meets at 6:30 PM on the second Tuesday of each month. Contact Knight Harvey Motomura at 987-9709, or [motomura@hawaii.edu](mailto:motomura@hawaii.edu) for additional information. To learn more about our organization, please go to [www.kofc.org](http://www.kofc.org).

**Stewardship Report of Treasury for:**

	Jul 7-12 2021	YTD Actual	YTD Budget
Collections	4,581.65	13,584.65	14,233.89
R&M Collection	221.00	506.00	806.47
Security Project	60.00	70.00	96.77
All Other Income	18,571.00	21,586.31	6,085.15
Deposited to Bank	<b>23,433.65</b>	<b>35,746.96</b>	<b>21,222.28</b>
Parish Hall	45.00	Loan to school	158,833.13
		Designated Funds	118,750.75
		Restricted Parish Hall Funds	461,031.27
			<b>738,615.15</b>

**NEW ONLINE GIVING PORTAL**

**MANAGE YOUR GIVING ONLINE**

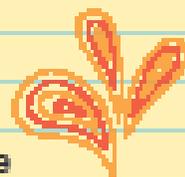
St. Joseph Church is excited to announce that we will soon be switching to a New Online Giving vendor! Vanco Payment Solutions offers several advantages over our current vendor including a more secure online experience. Giving online is easy and allows you to set up automatic recurring contributions and view your complete online giving history from anywhere you have access to the Internet. Stayed tuned for updates in the coming weeks....



# Checklist for a New School Year

As a new school year begins, it's important to gather the spiritual supplies you will need to share the Good News of Jesus Christ. Use the following checklist as a way to take inventory.

**An open mind.** One of the greatest joys of sharing the Good News with others is that there is always more to learn. The materials you are working with (textbooks, guides, and supplemental resources) offer ways for you to grow deeper in your faith. Name one thing you hope to learn about your faith in the coming year.



**Willing hands.** Disciples are those who are not afraid of getting their hands dirty. For teachers and catechists, this sometimes means cleaning up after other people's messes. Many times these are more figurative than literal. The displeased parent, the uncooperative co-worker, the sullen adolescent, and the needy child — all can be a drain on one's reserve of energy. Consider ways you will keep yourself responsive and attentive to the needs of others during the coming year.

**An adventurous spirit.** Despite our best-laid plans, the unexpected arises. A creative idea doesn't pan out. A snowstorm wipes out a long-planned event. An unruly child disrupts a prayerful experience. Take a measure of your resiliency. How can you maintain a sense of humor in the midst of chaos, and let the working of the Holy Spirit guide all of your efforts in the coming year?



**A grateful heart.** On our best days, it's not hard to be thankful. How about the worst days? Those times when we feel tired and the class is lethargic or unresponsive? Someone once said that we aren't thankful because we are happy, but happy because we are thankful. Reflect upon a reason to be thankful for your work as a catechist or teacher. How will you cultivate a grateful heart in the coming year?



18 7:00 MASS-Fr. Lito <b>W/DCN DAVE (PREACH)</b> 9:00 MASS-Fr. Lito <b>W/DCN DAVE (PREACH)</b> 11:45 MASS -Fr. Lito  6:00 MASS -Fr. Lito	19 6:00 MASS_Fr. Jong  12:15 MASS-Fr. Lito	20 6:00 MASS-Fr. Lito  12:15 MASS-Fr. Jong	21 6:00 MASS-Fr. Lito  12:15 MASS-Fr. Lito	22 6:00 MASS-Fr. Lito  12:15 MASS-Fr. Lito	23 6:00 MASS-Fr. Lito  12:15 MASS-Fr. Lito	24 7:00 MASS Fr. Jong <b>10:00 CONFESSION Fr. Lito</b> <b>1:00 INFANT BAPTISM (Girl-Love Nachor)</b> 5:00 MASS Fr. Lito
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## HEART ATTACK VS. CARDIAC ARREST

*Knowing the difference could save a life!*

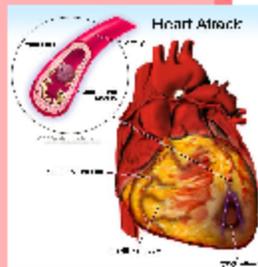
# Mahalo!

The AED that was donated to the Parish by the Hilo Medical Center Foundation has been installed and placed into service. The AED is located in the Sacristy, mounted on the North side of the parking lot side wall, next to the cabinets and sink. If anyone has any questions regarding the AED or is interested in future AED/Chest Compression Only Training, please call Safety Committee Chairman Clem Gusman at 895-4498.

### HEART ATTACK

A Heart Attack is a "Plumbing Problem"

Blood vessels that supply the heart become clogged, depriving the heart of oxygen. The tissue begins to die, potentially causing permanent damage if not treated.



A person experiencing a heart attack may experience crushing chest pain, shortness of breath, numbness and tingling in the left arm, even a "sense of impending doom." However, the victim may remain conscious and talking throughout the attack. In fact, some people will endure these symptoms for days before seeking treatment.

Don't ignore the signs and symptoms of a potential heart attack. The best course of action is to seek immediate medical care. The sooner the attack is treated the better the outcome will be.



### CARDIAC ARREST

A Cardiac Arrest is an "Electrical Problem"

The electrical impulses that allow the heart to maintain a productive rhythm become disrupted and may stop altogether. This means that the rest of the body will begin to starve for oxygen within minutes.



A person experiencing a cardiac arrest is unconscious, has no discernable pulse and isn't breathing. *This person is already beginning*

*to die and needs immediate help!*

A cardiac arrest is not a result of old age or heart disease; it can be the result of an injury, such as an electrical shock, or a previously undetected defect, and can effect anyone at any age. Chest compressions and the use of an Automatic Electronic Defibrillator (AED) could help to keep the victim alive until help arrives.



HILO MEDICAL CENTER  
FOUNDATION